



Community Link Service



What do Community Link Workers do?

Community Link Workers work in GP practices to support people in a person centred way with anything that is non-medical.

This could include loneliness, stress, money worries, life changing events, anything that is affecting health and wellbeing.

Community Link Workers have time to explore what matters to people and support them to make positive changes to the things that matter.

**This service is running in
Brae and Whalsay Health Centres
for anyone over the age of 18**

**To book an appointment or to make an enquiry
contact the Health Centre reception**

 **Brae 01806 522543**

 **Whalsay 01806 566219**

 **shet.communitylinkworker@nhs.scot**